



ARC COACHES' CODE OF ETHICS

As a coach of Alliance Rugby Club youth rugby, a member of USA Rugby and Rugby Texas, I pledge to uphold the following guidelines:

- I will place the emotional and physical well being of my players ahead of a personal desire to win.
- I will treat each player as an individual, remembering the large range of emotional and physical development for the same age group.
- I will do my best to provide a safe playing environment for my players.
- I will promise to review and practice basic first aid principles needed to treat injuries of my players.
- I will do my best to organize practices that are fun and challenging for all my players.
- I will lead by example in demonstrating fair play and sportsmanship.
- I will be knowledgeable in the laws of rugby, and will teach these laws to my players.

ARC PARENTS' CODE OF ETHICS

As a parent and supporter of the Alliance Rugby Club, an organization that is committed to fostering the growth of its youth and rugby in the North Texas area, I will abide by the following guidelines. I understand that deterring from these guidelines could result in a revocation of my rights as a member.

- I will be responsible for my conduct while at practice and games.
- I will be responsible for the conduct of others who attend team functions in my behalf (friends, relatives, etc.).
- I will follow all rules pertaining to the facilities that hold team functions.
- I will encourage good sportsmanship by demonstrating positive support for all players, coaches, and officials at every game, practice, and event.
- I will place the emotional and physical well being of the children ahead of a personal desire to win.
- I will remember that the game is for youth, not for adults.
- I will ask my child to treat other players, coaches, fans, and officials with respect.
- I will honor the rules, ethics, and code of conduct for rugby, the Alliance Rugby Club, the Texas Rugby Union, and USA Rugby.





ARC PLAYERS' CODE OF ETHICS

As a player for Alliance Rugby Club, a member of USA Rugby and Rugby Texas, I pledge to uphold the following guidelines:

- I will play for enjoyment and become part of the rugby family.
- I will respect the "Game of Rugby" and play within the laws of the Game.
- I will accept the referee's decision and let my captain or coach ask any relevant questions.
- I will play with control. I will not lose my temper.
- I will not use offensive language around my teammates, youth players and fellow club members.
- I will always do my best and be committed to the game, my team and my club.
- I will be a "good sport". I will applaud all good play whether by my team or the opposition.
- I will respect my opponent. I will treat all players as I would like to be treated. I will not "bully" or take advantage of any player.
- Rugby is a team sport and I will make sure I co-operate with my coach, team mates and members of my club.
- I will remember that the goals of the game are to have fun, improve my skills and feel good.
- At the end of the match, I will thank my opponents and the referee for the match.
- I will always remember that I owe a duty of care to my opponents. I will tackle hard but fairly, I will not intend to hurt my opponent.
- Winning and losing is part of sport: I will win with humility - lose with dignity.
- As part of the team it is important that I attend training regularly and listen to my coach and help my team.
- As a team sport it is important to understand that all members are important to the team!
- I will remember I am representing my team, club, family and the Game of Rugby.

